

DEPARTMENT OF THE ARMY

1st Armored Division

Assistant Division Commander

Unit 23746

APO AE 09034

IMEU-BMH-SO

27 July 2005

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Senior Mission Commander Policy Letter 1-8, Safety of Unit Formations/Physical Fitness Training.

1. Purpose. To establish procedures and heighten Soldier awareness during the conduct of unit formations and physical fitness training.
2. Scope. This policy applies to all Soldiers and units conducting formations, unit movements, and physical fitness training in the Baumholder community.
3. General. Unit formations moving tactically, administratively, or during physical fitness training present a serious hazard. Death or serious injury can occur without the establishment of appropriate safety measures. Unit Commanders will establish safety measures and conduct risk assessments to identify and mitigate all hazards to unit formations and movements.
4. The following guidelines are established for the conduct of unit formations and/or movements.
 - a. Conduct unit formations in gravel, grass, and hardstand areas only; not in the middle of thoroughfares.
 - b. Ensure Soldiers are properly marked with reflective clothing when conducting unit or individual movements on roads.
 - c. IAW German traffic laws dismounted formations in the German community will be protected during hours of limited visibility by the posting of road guards 20 meters to the front with non-blinding white lights (flashlights) and reflective clothing and 20 meters to the rear with red lights or yellow blinking lights and reflective clothing. It is recommended that units use a wheeled vehicle with a rotating amber warning light as the trail vehicle for unit formations. When on the installation and outside the designated PT route, each formation will have, at a minimum, two road guards with flashlights in the front and rear of the formation.

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d. Designate as a minimum, one NCO per unit for straggler control. This NCO is responsible for policing up slow runners into a formation to reduce road congestion. Instruct Soldiers who fall out of formation to move to the extreme right of the roadway or onto sidewalks.

e. Formations will occupy no more than one half of the roadway and will not impede traffic. Unit formations and movements within the vehicle restricted zone during morning PT are not restricted to one half of the roadway with the exception of the North Tank Trail and Paladin Avenue. Units on these roads will utilize the interior lane only.

f. Units will coordinate routes and times with the Provost Marshal NLT 48 hours prior to unit movements on public roads to ensure local authorities are notified. When re-entering the installation from off-post, one NCO will stand with the PONDS guard and identify all Soldiers entering the installation. Ensure that stragglers are accounted for.

g. Formations **will not** enter housing areas while conducting PT.

h. The following roads are OFF-LIMITS to PT formations at all times (see enclosure).

(1) Prussman Avenue from Iowa Street intersection southeast towards and through the town of Baumholder.

(2) Falbersbach Road towards L 169 and towards Reichenbach Hill.

(3) L 169 towards Heimbach.

(4) L 169 towards Niederalben.

(5) L 176 towards Kusel.

(6) Southern Tank Trail from Seattle Street to L 169 and railroad station.

(7) L 348 towards Berschweiler/Freisen.

5. Soldiers conducting individual PT and/or family members jogging will:

a. Wear light-colored clothing.

b. Wear reflective clothing/markings during hours of limited visibility.

c. Run on sidewalks as much as possible.

d. Run on the left side of public roads facing traffic.

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6. USAREUR Pam 385-17 provides valuable information concerning PT risk assessments, causes of injuries, and preventive measures.
7. This policy letter supersedes Policy Letter No. 1-8, dated 21Oct 04.
8. POC is Mr. Hartwig Knorr, USAG-B Safety Office, DSN 485-1670.



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Baumholder Senior Mission Commander

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